



# LADY SPECIAL

100% Natural Plant Oils

*Beauty and Balance from Within*



## Features of Juara Lady Special

- Specially formulated for health and beauty needs of today's women.
- Supports the function of the female hormonal system.
- Is a natural internal moisturizer.
- Best vegetarian source of essential fatty acids.
- Liquid form for optimal absorption and maximum effectiveness.
- Ideal for Females of all ages and vegetarians.
- Natural ingredients, safe and has no side effect.

Ingredients : Organic flaxseed oil, organic evening primrose oil, flax lignan, soy isoflavones.



# JUARA Lady Special - Balance and beauty from within

Essential Fatty Acids(EFAs) provide moisturizing and protective properties that help to boost skin moisture and ensure a radiant glowing skin, as well as to maintain hormonal balance and beauty in full bloom.

Aging, anxiety, stress, hydrogenated oils and saturated fat diets are causes of the depletion of EFAs that leads to hormonal imbalance resulting in premature wrinkles, accelerated aging, weight gain, premenstrual discomfort, menopausal syndromes, depression, osteoarthritis and heart disease .

EFAs are vital nutrients for vitality and beauty. They cannot be produced by the body and can only be obtained from food.

## How is EFAs beneficial to us ?

- Promote healthy cell membranes
- Add luster to hairs, improve nail strength and maintain a healthier glowing skin.
- Promote joint health, improve joint mobility and reduce pain and stiffness.
- Relieve premenstrual syndromes, skin problems and annoying menopausal syndromes.
- Normalizing blood pressure and lowering cholesterol levels, promote cardiovascular health, regulate heart beats and help reduce the risks of heart attacks, cerebral vascular stroke and coronary diseases.
- Burn excess body fat for a firmer figure and produce energy for mobility and vitality.
- Benefit prenatal and children's brain and vision development, enhance memory and improve learning abilities, alleviate attention deficit hyperactivity disorder, lower the risk of parkinson and alzheimer's diseases, multiple sclerosis and depression.

JUARA LADY SPECIAL 100% natural plant oils are derived from seeds and flowers of botanical plants that are recognized for their beautifying and balancing qualities. It provides high levels of omega-3 and-6 fatty acids, plant proteins, plant hormones and fibres. These are vital internal moisturizers for the special needs of today's women.

- Flaxseed oil** - recognized as nature's richest source of omega-3,-6 and -9 fatty acids. These vital nutrients have been shown in studies to benefit many health conditions especially in normalizing cholesterol and triglyceride levels, relieves inflammation and allergies, alleviates osteoarthritis, depression and promote healthy skin.
- Evening primrose oils** - rich in omega-6 Gamma-linolenic acid or GLA, recognized for its balancing effects of the hormonal system which, when out of balance, can lead to the distressing symptoms of menopausal syndromes,eczema, premenstrual discomfort and rheumatoid arthritis.
- Flax Lignan** - studies have shown this plant fibre may inhibit growth of tumour and has preventive properties against colon and hormone-related cancers especially breast cancer. It also helps to maintain hormonal balance, thus alleviating menopausal symptoms.
- Soy Isoflavones** - studies have shown this plant estrogen helps to alleviate menopausal disorder and premenstrual syndromes, heart health,maintain healthy bones and lower the risks of osteoporosis.
- Rosemary** - a herb with sedative properties.

## 7 Reasons

### Why You Should Choose JUARA LADY SPECIAL

- 1 Organic unrefined oils from seeds and flowers of botanical plants.
- 2 Richest source of omega-3 and omega-6 essential fatty acids.
- 3 High content of lignans ( plant fibre ).
- 4 Isoflavones from non-GMO soybeans.
- 5 Cold-pressed process to retain the plant nutrients.
- 6 Liquid form for optimal absorption and maximum effectiveness.
- 7 Natural ingredients,safe and has no side effect.



JUARA KONSEP MARKETING (M) SDN. BHD. (190153A) (A) (93180)  
No.67, Persiaran Pegada, Taman Bayu Perdana, 41200 Klang, Selangor Darul Ehsan, West Malaysia.  
Tel: 603 - 3324 6733(5 lines), 3324 6773 Fax: 603 - 3324 9457  
Website: www.juara.com.my E-mail: juara@juara.com.my

NOTE: The above informations are for reference only, they shall not be used to diagnose or treat any disease.





養顏寶

# LADY SPECIAL

100% 純天然植物精華油

由內而外，散發出您的女性魅力



源自美國，深獲信賴。

## JUARA Lady Special 養顏寶的特點

- 特別為促進現代女性健康與美麗而設計。
- 提供最佳植物性的必須脂肪酸。
- 維持女性荷爾蒙平衡。
- 提供最天然的內在保養。
- 油狀液體，更容易及有效地直接被人體吸收。
- 適合所有年齡層女性包括素食者。
- 天然精華，自然功效，全無副作用。

養顏寶的獨特配方含有：

有機亞麻子油、有機月見草油、高木質素纖維營養素、大豆異黃酮。



# JUARA 養顏寶 提供女性，所需的重要內在保養營養素， 讓您重拾健康與美麗

脂肪酸具有滋潤與保濕作用，讓您擁有明艷照人的膚質，平衡女性荷爾蒙使您能充分展現女性魅力。

不過隨著年齡的增長、生活緊張、壓力、高膽固醇和高油脂食物習慣等引起皮膚的脂肪酸逐漸缺乏，導致光滑幼嫩的皮膚、眼睛、頭髮失去彈性及光澤，不平衡的女性荷爾蒙使肌膚提高趨向老化、引起肥胖、更年期與經前症候群的不適、憂鬱症、罹患骨關節炎、骨質疏松症、心血管病症等慢性疾病機率趨向年輕化。

脂肪酸是維持年輕容貌與活力的重要營養素，可是身體却偏偏無法製造，只能從日常飲食中攝取。

## 脂肪酸對健康的益處

- 細胞與腦部的保養層。
- 保持秀髮與指甲的健康，滋潤干性和平衡油性肌膚。
- 紓解風濕與關節疼痛和僵硬，改善退化性關節炎症狀如手部和膝蓋關節疼痛。
- 紓解女性經前症候群和經期不適，改善敏感皮膚及更年期症狀。
- 降低高血壓和壞膽固醇，維持心血管的彈性，防止動脈硬化，頸動脈阻塞，心律不整，減低中風，下肢麻木，心血管疾病等機率。
- 燃燒脂肪，讓曲綫更美，同時提供活力熱量。
- 對小孩的腦部和視覺功能發展有助益，提高腦部機能，加強記憶力，有助於孩童過渡活躍症，柏金森、阿茲海默氏症，老年痴呆症，憂鬱症。

**養顏寶100%純天然植物精華油** 取源於公認具有美容與促進荷爾蒙平衡的植物成分，提供歐美加-3脂肪酸和歐美加-6阿麻油酸，廉具最豐富的膠原蛋白，植物纖維和植物性荷爾蒙成分。以因廣泛的女性所需的各種重要內在保養營養素。讓您擁有健康的指甲與秀髮、明艷照人的膚質，同時免於中年不適而能充分散發女性魅力。

- 亞麻子油** ~ 提供最豐富來源的 omega 3 脂肪酸和 omega 6 亞麻油酸，是維持健康身體不可或缺的'必需'營養素，有益於超過多種健康問題的舒緩，包括調整膽固醇與三酸甘油酯水平、抑制過敏與發炎、改善退化性關節炎，舒緩憂鬱症狀、減輕疲勞與美容肌膚。
- 月見草油** ~ 含有獨特的  $\gamma$  亞麻油酸（歐美加-6）或稱GLA，有助於調整女性荷爾蒙，缺乏將引起令人不適的經前綜合症，皮膚問題，過敏，風濕性關節炎等。
- 亞麻子木質素** ~ 研究顯示可調節及促進人體激素的循環，防止人體雌激素不穩定所引起的健康問題，激素的循環情況對乳癌與大腸癌有關，而女性因為在更年期前後體內雌激素會上升而更需要重視這方面的調節，因此，木質素可以應現代女性的特殊營養需求。
- 大豆異黃酮** ~ 有助於舒緩女性更年期與經前症候群的不適，心血管疾病，促進骨骼強健，減低罹患骨質疏松症機率。
- 迷迭香** ~ 滋潤頭皮，紓解風濕、肌肉酸痛、焦慮緊張。

## 7大原因 Juara 養顏寶是現代女性最佳的女性珍品

- 1 採用最佳脂肪酸來源的大自然有機植物種類。
- 2 富含歐美加3脂肪酸和歐美加6亞麻油酸。
- 3 富含高木質素纖維營養素。
- 4 採用非基因改良的大豆。
- 5 經冷壓萃取技術，保留珍貴的植物脂肪酸元素。
- 6 油狀液體，更容易及有效地直接被人吸收。
- 7 天然精華，自然功效，全無副作用。



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